

South Fremont High School Sports

Remember that all incoming Freshmen and Juniors and any new athletes will need to get a physical. The paperwork is on the registermyathlete site or at sfhscougars.com.

This year all athletes will register and take care of all of their paperwork online. You can start to register right now! Follow these instructions and your athlete will be registered to play.

1. Go to www.registermyathlete.com
2. Click on School Login
3. Select Idaho as your state and then go to South Fremont High School
4. Parents/Guardians need to create an account they can use. Just fill out the information.
5. After you create an account as a parent/guardian login with your new account.
6. Click on + Add a new athlete.
7. Fill out the information for your athlete (If you have more than one athlete in your family participating, you will need to create an account for each athlete)
8. After creating the account click on view profile.
9. You will need to go to medical information and click add and fill out the information.
10. You will need to go to insurance information and click add and fill out the information.
11. When the athlete's profile is finished you can click on +register for a sport.
12. Click on the sport you would like to register for.
13. When you click on the sport you will need to read and fill out the electronic documents that are provided (Athletic policies, drug testing information, drug testing consent form, concussion information).
14. When you are done, you and your athlete must e-sign that you agree and understand the documents.
15. Each athlete must have a physical and interim questionnaire on file. You go download and print these documents under the section physical documents. Then fill out the interim questionnaire and you and your athlete must sign it.
16. Take the physical form to a licensed physician, physician assistant or nurse practitioner and have them fill it out and sign it. You and your athlete must also sign the form.
17. You can either upload both documents into your athlete's account or bring them to the office and we will upload the documents for you.
18. Next you must pay your participation fee and travel fee for the sport. You can pay by credit card with this sight or you can bring the money and pay at the school.
19. Your athlete should be registered for the rest of their high school career!!
20. You, the coaches, and the school, will manage all of you athlete's information, registration, and even communication if necessary through registermyathlete.com.