



South Fremont High School

September 2016



Greetings from South Fremont High School

It has been a great start to the new school year with enrollment numbers up slightly. The kids and teachers have settled in and are back to work. Along with this will be opportunities and activities that your children will be involved in throughout the year. If you have concerns with any of these activities and choose not to have your student involved, please contact the school and let us know. The specific activities are listed below:

- Students will be involved in field trips during the school year. This includes bus trips and walking trips.
- Photographs and filming of students by the news media.
- Photographs and filming of students by the school for instructional purposes, for school newsletters, yearbooks, and other school publications.
- Students will be using the internet and computer based instructional programs.
- School district officials will email you information regarding student grades, attendance, student achievement, and discipline. This will be sent to the email address that you provide.
- "Directory Information" may be released to the news media regarding your child for school purposes such as graduation programs, school music programs, athletic events, etc. Directory information is defined by district policy as: student name, grade level, dates of attendance at the school, participation in school activities, telephone number, awards and school recognition, photographs, and height/weight of athletic team members.

We encourage students to be active and involved and there will be many activities coming up with Homecoming Week starting September 12th. This is a busy place with the best kids in the world. If ever you have questions or concerns please do not hesitate to call.

Mr. Bennett

South Fremont High School Welcomes our new Superintendent Byron Stutzman

Byron was raised on the family farm in Buhl, Idaho. His K-12 education came through Buhl School District and the school of hard knocks. He attended college right out of HS and returned after his first year to help his father on the farm. During his farming tenure, he served on the Buhl School Board for 6 years. This service renewed his interest in education, and he received his BS in elementary education with a literacy endorsement. After teaching 6th grade in Jerome, he became the middle school principal in Buhl. His next career step was to become the superintendent of Buhl School District. Heidi and he spent 3 years in Sundance, Wyoming where he was the superintendent of Crook County School District.

Byron and his girlfriend of 32 years, Heidi, are the proud parents of Eva Craner (Trent). There are currently no grandchildren, but two grand dachshunds.

Byron is thrilled to be a part of Fremont County School District and looks forward to meeting and interacting with the staff. He believes we have a great district and wants to be a part of this remarkable team that believes in continuous improvement.

Counseling News

We have a new counselor at South Fremont High.

Steve Huber

Mr. Huber was born in Winnipeg Canada and has lived in Vancouver BC, Denver Colorado, Yorba Linda and Walnut Creek California. Attended Richard M. Nixon Elementary School , Yorba Linda Jr. High, Northgate HS (Walnut Creek) , Brigham Young University (BS), and ISU (MS). He is married to Rachel Huber and they have nine children (all but one will have attended (SFHS)). Mr. Huber began his teaching career at Independence HS in Provo then moved to Saint Anthony and taught at South Fremont HS for ten years. He is very happy to return to South Fremont, "It is like coming home." Go Cougars!!

Stephen Huber

Room No. 304

(208) 624-3416 ext 3304

steveh@sd215.net

The counselors have a new counseling website containing information about graduation requirements, scholarships, dual credits, transcripts, SAT/ACT information, and much more. Visit today for more information. There is a link on the [guidance page](#) of the school website. fhscougars.com

The PSAT is a college readiness test that all sophomores will participate in on October 19. Juniors are welcome to sign up for it also. It costs \$15 for juniors to retake it, but it is good preparation for taking the SAT in April. The counselors have practice books available to help familiarize each student with the format and content of questions on the test. Get ready to work hard.

The Advanced Opportunities Program has expanded coverage for dual credit courses and overload courses. These courses can be taken throughout high school instead of waiting for the senior year. Early graduation scholarships of \$1500 are also available. More information is available at <http://www.sde.idaho.gov/student-engagement/advanced-ops/index.html>.

Students completed 352 college credits **last year** at a cost of \$22,880.00, which was covered by the Advanced Opportunities program sponsored by the Idaho Department of Education. These credits would have amounted to approximately \$105,600.00 if they were completed at the university level.

Seniors, apply for scholarships early and often. If you don't apply, you will not receive. Thousands of dollars in scholarships were awarded last year. See the list [here](#).

ACT Deadline for the October test is September 16th. Visit the [counselor](#) web site for more information.

IMPORTANT

REMINDER: *Create a backup of all of your Google Drive files* (STEAM). If the data gets lost, or your account accidentally gets deleted, you will want to have a backup. *This is important because, if you have STEAM files and you don't have a backup, you may have to start over if something happens to your online files. You can download a copy to your PC, a flash drive, a CD, another cloud storage place, or an external hard drive.

2017 SENIORS: your accounts will be **deleted** next summer. If you have college, testing, and or scholarship information you need to keep, please take 10 minutes and forward the e-mails to another account, change your email address with the colleges, and download any files you want to keep. BETTER YET, if you are just now applying, use a permanent personal account for these types of contacts. If you do not have a PROFESSIONAL email account, you may want to consider creating one to use with business, college, and other professional contacts.

STEAM

1. STEAM is open for **submissions for previous year assignments**.
2. It will remain open indefinitely for 14-15 and 15-16 school year submissions.
3. If your child is behind, or needs to make corrections, please encourage them to do so as soon as possible.
4. For a successful submission, we recommend that your child read all instructions and rubrics carefully before submitting.
5. Updated rubrics and writing guides and all other STEAM information files are available on the [STEAM](#) page of the school website.
6. Please look at the dates and updates file and mark your calendars with the submission dates for this year.

BREAKING NEWS: May 2016

STEAM: **Seven Semester Reward Plan** **This reward plan is only good for this semester (16-17 Semester 1).

Students who complete STEAM in a timely manner will be exempt from STEAM during the second semester of their senior year. This is how it works.

- When you are a sophomore, you must have all of your freshman year's STEAM completed by the end of the first semester of your sophomore year. You earn one star.
- When you are a junior, you must have all of your sophomore year's STEAM completed by the end of the first semester of your junior year. You earn another star.
- When you are a senior, you must have all of your STEAM for the junior year and the first semester of your senior year completed by the first semester's final deadline. You earn one more star. If you have earned all three stars, you are exempt from STEAM the last semester of your senior year.

Okay. What happens if I haven't done all that--and I'm a junior or senior next year, 2016-2017. No worries. Finish all of your back STEAM by the end of the first semester this year and you are on-track to be exempt from STEAM the second semester of your senior year.

More News

Each semester this year, students who complete that semester's STEAM with 100% in all areas by the final deadline will be invited to a celebration party sponsored by Mr. Bennett.

STEAM has dramatically improved students' writing skills. Congratulations students. Keep up the hard work.

Classroom News

Meet our new Teachers

Scott Minor-Special Education

This is Scott's 14th year of teaching special education. He started teaching in California, running a horse program for kids with emotional/behavioral problems, From there has taught in Texas, Wyoming, and Idaho; teaching grades k-12 and working with kids with all kinds of diagnosis and disabilities. Teaching these kids has been very rewarding for him and he has enjoyed it thoroughly. He has been blessed with working with some amazing professionals and students. He said, "From what I have seen so far here at SFHS, things will only get better!"

Aleen Hyer-Arts Education

Aleen grew up on the Oregon coast in a small town called Tillamook (where the cheese is from.) She was born in Provo, Utah and moved to Oregon when her dad got a job managing a salmon hatchery for Oregon Department of Fish and wildlife. Aleen has one younger sister. She love the outdoors and her favorite place to be is home at the ocean. After graduating high school Aleen attended BYU – Hawaii and later transferred to BYU – Idaho. There she graduated in Art Education and went on to teach art in Quincy, Washington. She met her husband last May and was married the following September. So, this year she and her husband are coming up on their one year anniversary! Aleen also currently works as a freelance artist selling her watercolor paintings and specializing in wildlife artwork. Aleen said, "I am very excited to be here at Fremont High School and I look forward to the experiences that I will have here."

Kendell Nielsen, About our Music Director

Kendell is A faculty member at Brigham Young University-Idaho for 23 years, Kendell Nielsen enters his second year as Music Director of the Idaho Falls Youth Symphony. He recently relocated to Rexburg from Boise, where he had been serving as the Headmaster of Fresco Arts Academy, a private performing arts school originally founded by his son, Justin. During his tenure at BYU-Idaho, Mr. Nielsen served as Director of Bands, associate conductor of the Symphony Orchestra, director of Music Theory studies, and a private instructor of French Horn. Mr. Nielsen is a recipient of both the Distinguished Faculty and Honorary Faculty awards from BYU-Idaho. He has authored The Apolleric Approach to Teaching Music Literacy, a practical manual for teaching the skill of musical literacy to classrooms or individuals. He has been frequently listed as "my most influential teacher." Before his tenure at BYU-Idaho, Mr. Nielsen was a well-respected teacher in the Utah public schools, where he received Utah Holiday magazine's "Best Junior High School Music Educator" award in 1984. You can see Mr. Nielsen's full biography [here](#).

Business Education

Lesson plans and activities for all business classes are posted on the school web site. There is a link to [Planbook](#) on the faculty page under Misty Berrett.

The business computer apps students will again be participating in The Imagine Academy Program. Students will have the opportunity to earn Microsoft Office Certifications through Certiport. These are industry standard certifications and are free of charge.

The Web design classes are jam packed. Students have begun coding using HTML. It will be fun to see where their abilities and imagination take them as they create web pages and sites. These students will have the opportunity to earn an HTML certification at not cost. The class is being delivered through ieclass, so students have access at home if they need additional practice or if they are absent.

Cougar Enterprises

Forget McDonalds, get fast food the right way. Get yourself a homemade Dinner 2Go from South Fremont Cougar Enterprises. **Order today for Oct. 20th.** Contact a member of Cougar Enterprises or email Mrs. Danielson at teresada@sd215.net. Prices and servings will vary.

October:

Jalapeño Popper Casserole

A spicy jalapeño and bacon cream cheese mixture sandwiched between two crispy layers of tater tots, topped with shredded cheese and melted to perfection.

November:

Pumpkin Pie Cheesecake

A delicious twist on a holiday classic! Pumpkin and cheesecake come together served on a decadent ginger snap crust.

December:

Manicotti

Fresh homemade ricotta cheese stuffed in a pasta tube and covered with a layer of zesty Italian tomato sauce.

January:

Authentic Green Enchiladas

Thick creamy Verde enchilada sauce poured heavily over a cheesy chicken filled corn tortilla.

February:

Pulled Pork

Sweet and tangy pulled pork with a side of homemade Hawaiian coleslaw.

March:

Cheesy Chicken and Rice

Creamy white sauce with chicken, rice, and mixed veggies topped with shredded cheese.

Technology

Whoa...where did summer break go??? Welcome back everyone! I'm excited to be back and hope the new school year is going well for you. So far, it has been a pretty smooth beginning for the Technology classes.

The Technology/Woods/Robotics/Drafting classes are all working on a career research assignment to get a feel for what jobs are available in their respective areas. They will also get the chance to present their findings to their classmates so they can practice giving good presentations. The cool part is, they could use this assignment to fulfill the Social Sciences and/or Technology STEAM requirements. Hopefully, we will conclude presentations by Fri. and start working on other class-specific items. One of the first will be safety. Another will be measuring practice. Drafting students will begin with learning to 'letter' properly.

We have also started having our TSA (Technology Student Association) meetings on Thursdays, right after school until 5 pm. Anyone that has been, or is in, a Professional Technical class and is interested, can join. Our state leadership conference will be the second week in March. More details to follow.

I'm excited to work with your great kids again this year! See you next month!

South Fremont Athletics

Schedules are posted on the sports page on the school website (sfhscougars.com/sports)

School events and activities are also posted on the school calendar. sfhscougars.com/calendar

South Fremont High School received \$3,000 from the NFL. The National Football League Foundation awarded the grant to South Fremont in correlation with the Super Bowl High School Honor Roll Grant Program. We appreciate the NFL for helping South Fremont and the much needed money to continue to build our football program.

The money will be used for:

- Purchasing New Football Helmets
- Helmet Reconditioning
- Purchasing New Football Equipment
- Equipment Reconditioning
- Renovations to Weight Room

Other Activities

School events and activities are also posted on the school calendar. sfhscougars.com/calendar

Homecoming Week is September 12-16--See the school website for a list of activities* There is a [link](#) on the home page

The South Fremont Education Foundation would like to invite everyone to support our **GIGA BUCKS** fundraiser this year! Prizes will be drawn at SFHS Homecoming game September 16, 2016. Thank you to all of our local sponsors who generously donate to support this fundraiser and our schools. GO COUGARS!

Yearbooks are on sale NOW! Don't forget to reserve your copy before the prices go up. They are \$55 but will go up to \$60 on December 22nd. Don't miss out on some great memories!

SENIORS--we need a baby picture for the yearbook. Please see Mrs. Cory or Natalie Chelson.

Good luck to our Distinguished Young Woman of South Fremont, Emma Haeberle, as she prepares to go to state competition! DYW state will be held in Idaho Falls October 6-8, 2016.

For those girls who are planning on participating in this year's DYW, sign up now to take the ACT. Scores are due at the end of the year.

Clubs are forming--students are being encouraged to get involved.

BPA

Business Professionals of America is forming. We currently have five potential members. Our next meeting will be Wednesday, September 14 at lunch. We will be electing officers at that meeting. If you are interested in joining, please see Mrs. Berrett in room 213. We would love to have you.

Our competitions this year include the regional leadership conference at EITC on January 20, the state leadership conference in Boise March 9-11, and the national leadership conference in Orlando, FL May 10-14. Students have many leadership and service opportunities, including running for a local, state, and national office. Students can also participate in local, state, and national service campaigns. There are workplace skills events in five areas: Finance, Business Administration, Management Information Systems, Digital Communications and Design, and Management, Marketing, and Communication. These areas include 60 events.

The cost to join is \$35. This covers the national and state membership dues and the regional conference registration fee.

FCCLA

We are off to a great start and are excited to see what great things will come about with such amazing members. Students are still able to join if they are interested. They just need to talk to another member or Mrs. Danielson.

We have two state officers this year, Angella Grigg and Lyndi Loveland, they will be attending Executive Council in Boise Sept. 17th-20th.

FCCLA will be hosting a Fundraising Lunch Oct 20th in Mrs. Danielson's kitchen. They will be serving Chicken Alfredo and the cost is \$5. More information to come.

Latino Club is bigger and better than ever! We currently have 30 students enrolled in Latino Club, and this is just the beginning! We are excited to announce our new presidency for this year:

President – Casandra Benitez

Vice President – Mireya Ramirez

Treasurer – Cesar Tavares

Secretary – Brenda Barraza

Historian – Jaqueline Benitez

We have big plans for Latino Club this year including various fundraisers, service projects, field trips, and cultural opportunities. If you would like to offer Latino Club an opportunity to serve or to visit your business or event, please email Señora Lewis at xiomaral@sd215.net.

Este año, Latino Club es ¡más grande y mejor que todos los años pasados! Ya tenemos 30 estudiantes en Latino Club, ¡y apenas estamos empezando! Estamos emocionados anunciar nuestra nueva presidencia:

President – Casandra Benitez

Vice President – Mireya Ramirez

Treasurer – Cesar Tavares

Secretary – Brenda Barraza

Historian – Jaqueline Benitez

Tenemos planes bien grandes para Latino Club este año, incluyendo diversas actividades para ahorrar fondos, proyectos de servicio, excursiones, y oportunidades culturales. Si usted quiere ofrecer a Latino Club una oportunidad para servir o para visitar su negocio o evento, por favor que mande un correo electrónico a la Señora Lewis a xiomaral@sd215.net.

Booster Club

Fall is in the air! We are so excited to be back in full swing and taking on the fall sports. Here are a few reminders of what's coming up:

Come and get your red and black from us. New cougarware available this year. Some of last year's stuff will be cleared out. We will be selling it at some of the football and volleyball games.

Homecoming will be Friday, Sept 16. Boosters will be sponsoring the tail-gate party with the student council serving the food. Starts at 5 pm. Goes until we run out of food.

Boosters will be doing the football concessions at the home games. Come out and support the concessions. This is our biggest fundraiser for the year that helps us support all of the sports and clubs. If you are a parent of a student that is involved in sports or any clubs at the school, contact us to volunteer one night in our concessions. We would love your help!

Don't forget the school is selling family passes, individual, and senior passes. It will get you into ALL of the home games in ALL of the sports at our school. Great gift to give to grandparents also. Buy them early so you can get your money's worth.

We look forward to a great year! We have a super school with terrific students! If you would like to be involved as a parent, we are always welcoming new faces to the Booster Club. Let us know if you want to help. Thanks! Tiffany Johnson 709-6423

"It is only through work and strife that either nation or individual moves on to greatness. The great man is always the man of mighty effort, and usually the man whom grinding need has trained to mighty effort." Theodore Roosevelt

Stay in the Know

Please be aware that our website is continually updated with relevant information and activities. Visit us at SFHScougars.com. To stay up to date on activities and upcoming events, visit our calendar at SFHScougars.com/calendar.

We are also on Facebook. Be sure to "like" us and you will receive important updates about what is going on at our school. One last thing, if you know of anyone who would like to receive information from our school please advise them to subscribe to our email list found on our homepage at SFHScougars.com. This email list will be used to send newsletters and important information in regards to our school.

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