



March 2018 Newsletter

Greetings from South Fremont High School

Greetings from South Fremont High School,

We are rapidly approaching the end of another school year. The student athletes are in the process of wrapping up the winter sports season as the wrestlers are off to the State tournament today. We want to wish them well. Our girls' basketball team recently returned from their trip to State with a fourth place finish and the Sportsmanship Award. We are very proud of these girls. Spring sports will start next week.

This is the time of the year when students are busy preparing for standardized tests. The sophomores and freshmen will be taking the ISATs and the juniors will take the SAT test. These tests are very important. Please encourage your student to do their best. There are daily activities at school to help them prepare for these tests.

The senior class is in their final push towards graduation, which will be held May 30th at 7p.m. here at the high school. They are busy filling out applications for college and for scholarships. There are many local and other scholarships available so please encourage your child to apply. Please check with your student to make sure they have ordered their cap and gown and are on track for graduation.

We are very blessed at this school to work with such outstanding students. They continually amaze us with their accomplishments. Great things happen every single day! I would like to thank the South Fremont community for your continued support of our kids in all of their many endeavors.

Mr. Bennett

Dear Parents and Guardians,

Fremont County School District #215 needs your help. I have posted a chart below, which shows you how much you can make and still qualify for free or reduced school lunch for your students. Most parents apply if their children are in the elementary, but we are finding a significant drop in our free and reduced qualified students at the junior high and high school level.

With that drop in numbers, our funding for many programs decreases. Much of our funding is based on our free and reduced qualified students, and when parents do not apply, we lose funding which limits our ability to supply those programs. For instance, PSAT, SAT, and many college entrance applications are free if the student qualifies for free and reduced meals. Some of the other programs for which Fremont County School District gets funding reduced are:

1. Title I, Every Student Succeeds Act of 2016 (program that helps students who are in need additional instruction and intervention also referred as at-risk students)
2. IDEA (Special Education programs that serve school-aged students with disabilities in grades K-12 and pre-school students' ages 3-5).
3. Child Nutrition Program (breakfast and lunch)
4. Overall state funding for district's including programs for English Language Learners formerly known as students with limited English Proficiency

I have included a chart below to show the maximum household income in order to qualify. If you qualify, please take the time to go to this link and apply: <https://www.heartlandapps.com/>

Our students will benefit because of the increased help the funding will garner, and our goal is to continue to make Fremont County School District #215 the best it can be.

FEDERAL ELIGIBILITY INCOME CHART For School Year 2016-2017

Household size	Annually	Monthly	Weekly
1	21,978	1,832	423
2	29,637	2,470	570
3	37,296	3,108	718
4	44,955	3,747	865
5	52,614	4,385	1,012
6	60,273	5,023	1,160
7	67,951	5,663	1,307
8	75,647	6,304	1,455
Each additional person:	+7696	+642	+148

If you do not have access to a computer and need assistance with this application, please let your principal, or the district office know. We will find a way to help you complete the application. Thank you for your support.

Counseling

Bauer Cup

Students are busily preparing for the Ann Bauer Cup Scholarship performance. This is a fine arts scholarship opportunity for South Fremont High School students worth \$14,000.00 this year. The preliminary performance for selection of finalists who will compete for the scholarship will occur on March 8. Mr. Matt Bennett and Ms. Kaitlyn Johnson have additional information for interested students.

Higher Ed Day

Also, on March 8, the junior class will be traveling to North Fremont High School for Higher Ed Day. College representatives will be available from most Idaho colleges/universities. This is a great opportunity for students to explore their options about programs, scholarship opportunities, and admission requirements established at the different schools. Now would be a good time to talk with your students about their post high school plans.

SAT Testing

Juniors also should be reviewing material for the SAT testing on April 10.

There are SAT practice tests online

- Khan Academy (<https://www.khanacademy.org/>)
- Career Information Systems (<http://labor.idaho.gov/dnn/idl/IdahoCareerInformation.aspx>)
- College Board (<https://collegereadiness.collegeboard.org/>). Higher SAT scores qualify students for scholarship opportunities.

ACT

Those students who are interested in taking the April ACT should **register before March 9**. The **test date is April 14**, and students can register online at <https://www.act.org/>.

Tech Expo

ISU is sponsoring their annual Tech Expo in Pocatello to provide information about their programs. It is **March 15**; students will leave at 8:00 a.m. and return before school ends. Transportation is available for students who are seriously considering these programs in their educational options. Sign up is in the office.

CNA Program

South Fremont High School has joined with Madison High School offering students the opportunity to complete a CNA program during high school. Any junior/senior student interested in applying to this program needs to complete Medical Terminology OR Anatomy and Physiology and Introduction to Health Professions with a 'B' or better. For more information about additional requirements, check with the counselors.

Scholarships and Deadlines

Many scholarship application deadlines are approaching. Please continue to check the scholarship page for further information.

Career Fair

There is an upcoming Student Career Fair, April 5, from 5:30 PM to 8:30 PM at Compass Academy. ([955 Garfield Dr. Idaho Falls](#)) All are invited.

Career clusters that will be represented:

- CONSTRUCTION LAW ENFORCEMENT / CYBERSECURITY
- HEALTHCARE
- MARKETING/PUBLIC RELATIONS
- NUCLEAR
- FINANCIAL
- SOFTWARE
- ENERGY
- ADVANCED MANUFACTURING
- ENGINEERING
- ROBOTICS/DRONES
- MECHANICS

Classroom News

SFEF (South Fremont Education Foundation)



The South Fremont Education Foundation has a new partner to raise funds for our school! Go to [smile.Amazon.com](https://smile.amazon.com) and choose SF Education Foundation as your charity. 0.5% of all qualifying purchases will be donated!

IDLA

IDLA Summer Registration will be open April 2-May 24. A list of available classes is on the bulletin board in the hall. Any questions see Mrs. Stoddard.

BAND

Concert is March 6th at 6pm. It will include musicians from band and Choir. From 6th to 12th Grade. Musicians will be performing in large groups but also small ensembles. This is our fundraiser concert so it is \$25 to get into the dinner concert. Please see our fundraiser website for information on how to buy a card. <http://xtramanteam.com/southfremontmusic.aspx>

BAUER CUP



Prelims are March 8th students need to sign up for a time on the band room door. We need more students participating in this event!! Come sign up and earn money for college. \$14,000.00 will be awarded this year!!! Bauer cup finals will be **April 23rd at 7pm** in the Little Theater.

English



We all hear unknown words and wonder what they mean. Membean, a new personalized vocabulary program at SFHS, calibrates which frequently used words each individual student probably does not know yet. Our students will not be studying words that they already know or words that are too hard for them yet. The list is personalized for each student.

Using the latest in brain research, students read a frequently used word from their list, hear it pronounced, choose a funny way to help them remember the word, see the word in a web with words that have a similar meaning, are reminded of the meaning of its roots and

affixes, view pictures that connect to the word, and even watch a video clip that helps define the word. (Yoda is used to teach the meaning of sagacious.) If students have a hard time remembering the word, the program repeats that word more often. All words are repeated over time so that the word meanings are moved to permanent memory.

One of our school's goals is to increase literacy, and, according to the students who have taken the SAT, vocabulary was a problem. We listened to them. Through this personalized learning program, vocabulary instruction is optimized to fit the needs of each learner. So far, students' scores are high and indicate solid progress.

Technology Education Ed Powell

Hi everyone! Cannot believe another month has flown by!

The technology students are finishing their mousetrap-powered vehicles. Based on the testing I have seen, we're going to have some stiff competition during our races. The goal was two-fold; to as far as possible, as fast as possible. We will be timing the races and measuring for distance. Students then calculate their speed in ft/sec. and mph. We have talked about obtuse and acute angles and done testing using both. This is great preparation for the CO2 cars (spoiler alert?) we will be doing next where we introduce aerodynamics and different types of drag.

The CAD students are working in Autodesk Inventor and AutoCAD. They are doing both 2D and 3D drawings and the advanced students will be working on designs that will be 3d printed and tested for accuracy and function.

The basic Cabinetry students are finished building the carcasses for their nightstands and are working on building their face trim assemblies. Some are getting a good experience redoing things because they have not followed their plan of procedure. They are finding out why they need to. We will be starting drawers after the face trim.

The advanced Cabinetry students are plugging away at their big projects. Some have finished their first project and are making plans for their second one. They are turning out great! I look forward to what they create next. We have one already plotting to make a 3D cutting board.

Robotics students are learning to program bumper switches and sonic sensors. Their bots must detect when they are within 5 inches of an object and then stop, turn to avoid it, and then continue. Later, we will be programming line sensors to detect lines. They will use a combination of all of these sensors to create a program to run in the 'bumper-books' challenge. It is usually a great challenge and allows them to troubleshoot their code frequently. :-)

BPA (Business Professionals of America)

BPA students will travel to Boise to attend and compete in the State Leadership Conference March 8-10. They will join approximately 1500 students from across the state as they compete, develop leadership skills, and network.

The following students will be competing for a chance to attend the National Leadership Conference in Dallas, Texas.

Brigham Chelson--Personal Financial Management and Advanced Interview Skills

Gabe Kelley--Fundamental Spreadsheet Applications

Micayla Argueta--Interview Skills and Medical Office Procedures

Brecon Codling--Computer Network Technology and 1st in PC Service and Troubleshooting

STEAM

Students continue to work on their writing through their STEAM reflections. The next schedule submission date is March 1-15. Buzz will be open for semester 2 submissions. Students can submit previous years' reflections anytime.

Other Activities

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MORP

MORP will be **March 10, 2018** in the commons. The dance is girls' choice- tickets are \$15 ahead of time and \$20 at the door- Girls Choice and it is Carnival theme. Wear matching shirts. The dance is from 7-10 pm.

DYW (Distinguished Young Women)

This years Distinguished Young Woman of South Fremont program will be **March 17, 2018 at the Junior High at 7:00 pm**. If you are interested in purchasing tickets to support these amazing girls, please see one of the participants. The tickets are \$10 a seat.

The participants are:

McKenzie Webster	Megan Hildebrand
Jalyssa Stoddard	Kaelynn Clark
Madison Miller	Kallie Larson
Malorie Johnson	Justine Jacobsen
Draekli Kaaiakamanu	Noelia Ramirez-Olvera
Olivia LeChaminant	Malissa Rinehart
Hallie Parker	Jadelyn Clark
Chanamy Eckman	Risalyn Swensen
Dakota Hollist	Kelsie Nelson
Chalese Flamm	Paige Fullmer
Ashley Grover	Raina Matsumura

PT CONFERENCES

A poster for Parent-Teacher Conferences. The text 'PARENT SUPPORT' is at the top, 'TEACHERS EDUCATION' is in the middle, and 'CONFERENCE' is at the bottom. It also includes 'ACHIEVEMENT', 'PARENTS', 'TEACHERS', 'STUDENTS', 'PROGRESS', 'MARCH 28 4-8 pm', and 'MARCH 29 4-8 pm'. A quote by Henry Ford is on the right: 'Coming together is a beginning; keeping together is progress; working together is success.' Below the quote is the text: 'Parent-Teacher Conferences South Fremont High School March 28, 4-8 pm March 29, 4-8 pm'.

March 28 AND 29, 4-8 pm in the commons.

South Fremont Athletics

Schedules are posted on the sports page on the school website (sfhscougars.com/sports)

STATE GIRLS BASKETBALL

Congratulations to the South Fremont girls' basketball team. They made it to state for the first time since 2006. They took 4th place at the state basketball tournament. We are proud of how they represented our school. Thanks to Coach Ryan Erikson and his staff for all of the time and effort they have put in.

STATE SPORTSMANSHIP WINNERS

South Fremont won the state sportsmanship award at the state girls' basketball tournament. The tournament director mentioned how wonderful the team, pep band, cheerleaders, student section, and parents were during the tournament. They were very complimentary. Outstanding job students and parents! We are proud of you!

STATE WRESTLING

Congratulations to the South Fremont wrestling team. We took 15 wrestlers to the state wrestling meet and we took 7th place overall. They wrestled well. We are proud of you. Thank you to Coach Jed Clark and his staff for all of the hard work and time put in with these boys. Here is who placed at the state meet:

Sawyer Hobbs- STATE CHAMPION (2ND TIME)

Trent Hackworth- 3rd place

Jace Hughes- 4th place

Jordan Dodge- 5th place

Beau Hackworth- 5th place

Daniel Coverley- 6th place

WINTER SPORTS BANQUET

The winter sports banquet will be held Thursday, March 8 at 6:30 pm here at the high school. This will be for all athletes and their parents who participated in boys' basketball, girls' basketball, wrestling, and cheerleading.

Cougar Baseball

Fundraiser Dinner/Auction

Monday, March 19th, 6:00 PM

South Fremont High School

Guest Speaker~Joldy Watts (SF Alum)

Individual \$15/Family \$40

Cougar Cubs youth basketball program!

Dear parents and youth:

It is time again for our Cougar Cubs youth basketball program! Print and fill out the registration form, and then send it or bring it to the office. I hope that we can have another great turnout!

FYI, the clinic and games will be held on **Saturdays from March 10th - March 24th**. All kids from Pre-K through 6th grade are invited.

Please contact Ryon Pope (ryonp@sd215.net) if you have any questions! If you can spread the word to anyone who might be interested, we would really appreciate it! The registration form is posted on the school website.

Booster Club

The Winter Sports' Awards Night will be Thursday March 8th at 6:30 pm in the commons area for the athletes and their families (girls' basketball, boys' basketball, wrestling, and cheer). Mark it on your calendars!

Stay in the Know

Please be aware that our website is continually updated with relevant information and activities. Visit us at SFHScougars.com. To stay up to date on activities and upcoming events, visit our calendar at SFHScougars.com/calendar.

We are also on Facebook. Be sure to "like" us and you will receive important updates about what is going on at our school. One last thing, if you know of anyone who would like to receive information from our school please advise them to subscribe to our email list found on our homepage at SFHScougars.com. This email list will be used to send newsletters and important information in regards to our school.

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March 2018

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